

Great plants for supporting pollinators through the seasons

Perennials	colour	month of blooming	light	moisture	soil	height/cm
Wild Strawberry <i>Fragaria virginiana</i>	White	4,5,6	sun/ shade	dry	average	5-10
Field Pussytoes <i>Antennaria neglecta</i>	White	4,5	sun	dry	sand	5-10
Virginia Waterleaf <i>Hydrophyllum virginianum</i>	Blue	4,5	shade	moist to dry	sand/ loam/clay	20-50
Wild Columbine <i>Aquilegia canadensis</i>	Red/Yellow	5,6	pt sun pt shade	dry	sand to loam	30-80
White Baneberry <i>Actaea pachypoda</i>	White	5,6	shade	moist to dry	average	45-70
Golden Alexanders <i>Zizia aurea</i>	Yellow	5,6,7	sun to pt shade	moist to dry	average	50-100
Foxglove Beardtongue <i>Penstemon digitalis</i>	White	6,7	sun to pt sun	moist to dry	sand to loam	60-80
Purple Coneflower <i>Echinacea purpurea</i>	Pink	7,8,9	sun or shade	moist to dry	sand to loam	60-80
Anise Hyssop <i>Agastache foeniculum</i>	Purple	6,7,8,9	sun	dry	sand to loam	60-100
Butterfly Weed <i>Asclepias tuberosa</i>	Orange	7,8	sun	dry	sand	30-90
Swamp Milkweed <i>Asclepias incarnata</i>	Pink	6,7,8	sun	moist	sand/ loam/clay	90-120
Obedient Plant <i>Physostegia virginiana</i>	Pink or White	7,8,9	sun to pt sun	moist to dry	average	100-130
Wild Bergamot <i>Monarda fistulosa</i>	Mauve	7,8,9	sun	dry to moist	sand/ loam/clay	60-120
New England Aster <i>Symphyotrichum novae-angliae</i>	Purple	9,10	sun	moist to dry	loam/ clay	90-150
Stiff Goldenrod <i>Solidago rigida</i>	Yellow	8,9,10	sun	moist to dry	sand to loam	70-150

Return of the Native